



Coaster Riders May Get a High From Enduring the Thrill

Wednesday, July 20 2011

The ups and downs of a roller coaster ride may cause thrills for some and anxiety for others.

How you react to it could be a reflection on the way you deal with everyday life.

Simply put, if your life is full of ups and downs- enduring that on a ride, and coming out just fine - gives you a sense of accomplishment.

Dr. Howard Belkin of Beaumont Hospital says surviving the ride gives many a sense of accomplishment. "If you have no power at your job, you have no power as a child, you're gonna do something that gives you power and there's nothing more powerful than the feeling of defying death."

Belkin says many people get addicted the adrenaline rush they get when riding the roller coaster.

He says it's a mix of excitement and satisfaction that compels people to ride over and over again.